

**WVCRA 2019 ANNUAL CONFERENCE**  
**September 13 & 14, 2019**  
Stonewall Resort, 940 Resort Drive, Roanoke, WV 26447

<https://reservations.travelclick.com/15435?groupID=2585212>  
888-278-8150 for Reservations  
304-269-7400

**A total of 10 CEU hours have been approved!**  
**(NCRA 1.0 and NVRA 10)**

**Friday, September 13, 2019**

- 12:00 noon - 1:30 **Board of Directors Meeting** in the Dining Room
- 2:00 - 3:00 p.m. **Boat Ride**
- 3:30 - 5:00 p.m. **Seminar One: Cyber Security: What You Don't Know About the Cyber World Can Hurt You**, by Shawn M. Adkins, Assistant U.S. Attorney for the Northern District of WV (.15 or 1.5 CEUs)  
Assistant U.S. Attorney Adkins will address the various aspects of cyber security and how vulnerable we all are with our various types of electronic devices: computers, tablets, and cell phones, and what we can do to reduce that vulnerability
- 6:00 - 7:30 p.m. **Dinner on your own** at the golf club house dining room with WVCRA

**Saturday, September 14, 2019**

- 7:30 - 8:00 a.m. Registration
- 8:00 - 9:30 a.m. **Seminar Two: How Voice Writing Technology Works: Dispelling Myths and Explaining Facts**, by Sharon Vincent, CCR, CVR-M, CM and Terri Cheslock, CCR, CVR-M, CM, RVR (.15 or 1.5 CEUs)  
There are lots of stories about voice writing out there, but what is the reality? Sharon Vincent, CCR, CVR-M, CM, and Terri Cheslock, CCR, CVR-M, CM, RVR, will demonstrate voice writing technology and will provide an in-depth explanation of how the technology works, how it is similar to steno (and how it's different), and the practicalities and special tips of working as a professional using this method of reporting.
- 9:30 - 9:45 a.m. Break
- 9:45 - 11:15 a.m. **Seminar Three: Are You Sick and Tired of Being Sick and Tired? The Aging Court Reporter**  
By Joyce Gibb, M.S., C.R.N.P. and Functional Medicine Provider (.15 or 1.5 CEUs)  
Certified Registered Nurse Practitioner Joyce Gibb will address the following objectives in the seminar:  
Review medical terminology pertinent to the GI tract, the hypothalamus-pituitary-adrenal axis and stress.  
Stress is part of the court reporter's everyday life. Review the physical and psychological health issues directly related to stress.  
Review the important bacterial terminology as it relates to the GI tract.  
Stress can cause irritable bowel syndrome. Discuss what medications the court reporter can take to limit the symptoms of

constipation and diarrhea while working.

Discuss repetitive stress injuries and how the court reporter can limit those injuries with a sedentary job.

11:15 - 12:15 p.m. **Seminar Four: Inside the Private World of the Private I**, by Lisa Turley (.10 or 1 CEU)

Ms. Turley will share with attendees her field of private investigations as it relates to: 1) Ethics; 2) Open Source Opportunities; 3) Expectations from the legal community; 4) Terminology particular to the private investigative field; and 5) Really....yeah....no you just can't make this stuff up (behind the scenes of everyday life of a PI).

12:30 - 1:30 **Lunch in the Dining Room, an NCRA Townhall with Christine Phipps, NCRA President-Elect** (.10 or 1 CEU)

1:30 - 2:15 p.m. **Business Meeting**

2:15 - 4:15 p.m. **Seminar Five: The Online Streaming World for Court Reporters: Utilizing Live Litigation to its Fullest and Zoom Meeting**, by Jason Richmond of LiveLitigation and Teresa Evans, RPR, RMR, CRR (.20 or 2 CEUs)

Jason Richmond from LiveLitigation will join us online from California for a powerful presentation of Live Litigation Local Realtime and Streaming, demonstrating the online witness experience: viewing the witness, exhibits, and the realtime transcript, with Teresa Evans, owner of Realtime Reporters, WV-CRR, RPR, RMR, CRR, demonstrating the local realtime aspect. Ms. Evans will also demonstrate how Zoom Meeting works and its frequent use in depositions.

4:15 - 5:45 p.m. **Seminar Six: NCRA President-Elect Christine Phipps – Motivation** (.15 or 1.5 CEUs)